

## Family safety plan checklists

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The templates below demonstrate practical tools that can be based on adaptation and adoption of the all-hazards and relevant hazard-specific messages found in this book.

### Assess and plan

- We have an Evacuation route map available for everybody in the household.

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- We have Emergency supplies which are easily transportable (for evacuation or field trips) in place.

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- We know the location of our fire extinguishers or fire suppression material and we know how to use it.

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- We have completed our family safety plan at home and with our child care providers (if you have your own children).

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- We have planned quiet activities that children can do in the assembly area in the event of an emergency or a drill.

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- We know that we will only use the telephone in case of physical emergency after a disaster. We will use radio and television for information.

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- We know where we will reunite in case of the hazards we face
  - Inside the house:

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  - Outside the house:

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  - Outside the neighbourhood:

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- and we have a private message drop location outside our house.

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- We made copies of important documents and key addresses and phone numbers. We have one set with our out-of-area contact and/or we keep one in our evacuation *go-bag*.

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- We are spreading the word to everyone we know.

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- We participate in emergency planning with the community.

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- We make our expectations known to local, regional and national policy-makers.

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## Reduce dangers

We have taken steps to minimize our dangers.

For earthquake: We have fastened tall and heavy furniture, appliances, large electronics, lighting fixtures and other items that could kill us or our children, to wall stud or stable surface.

For storms: We have shutters or similar window protection.

We know never to light a match, lighter, or any other flame after an earthquake until we are sure there is no danger of gas leakage anywhere around.

Our building has been designed and built following seismic, wind or flood codes, or it has been inspected by a qualified engineer, and required repair or retrofit has been completed.

We maintain our building, protecting it from damp, and repairing damage when it occurs.

For earthquake: We have put latches on kitchen cabinets, secured televisions, computers and other electronic items and hung pictures securely on closed hooks to protect ourselves from things that could injure us, or would be expensive to replace.

We have a fire extinguisher, check it annually and maintain or replace it when expired.

We have secured family heirlooms and items of cultural value that could be lost to future generations.

We have limited, isolated, and secured any hazardous materials to prevent spill or release.

We keep shoes and flashlights with fresh batteries, by our beds.

In the event of flooding: We keep flotation device or life jacket on the highest floor in the building.

For fire: We have cleared away fire hazards from around our home.

For water and debris flow: We have created channels and are prepared to make sandbags.

We have protected ourselves from glass-breaking with heavy curtains, window film or shutters.

We consciously reduce, reuse and recycle our resources.

### Response capacity: develop skills and store provisions

We know how to use a fire extinguisher.

We know how to turn off our electricity, water and gas.

For advanced warning: We understand early warning systems and know how to respond.

For earthquake: We have practiced *drop, cover and hold on* and identified safest places next to strong low furniture, under strong table, away from windows. If our roof cannot take the additional load or is damaged, we have practiced running out to a clear space.

We have gathered survival supplies in our home and packed evacuation bags for our home and car. This includes one gallon of water per person per day and food for three days, prescription medications, water, high energy food, flashlight, battery, first aid kit, cash, change of clothing, toiletries and special provisions we need for ourselves, including for older persons, differently abled people, small children, and animals.

We know principles of standard emergency management system for organizing post-disaster self-help in our community.

We have learned first aid, light search and rescue, fire suppression, wireless communication, swimming, or community disasters volunteer skills.