




# Online Learning Catalogue



[www.ifrc.org](http://www.ifrc.org)  
Saving lives, changing minds.

 International Federation  
of Red Cross and Red Crescent Societies

List of online courses and materials available on [www.ifrc.org/learning-platform](http://www.ifrc.org/learning-platform)

## Training Packs, Set 1: Red Cross and Red Crescent

### 1. The Essentials

		EN	FR	ES	AR	
The World of Red Cross and Red Crescent (WORC)	960	✓	✓	✓		
Code of Conduct	30	✓	✓			
Stay Safe – Personal Security	240	✓	✓	✓		
Stay Safe – Security Management	180	✓	✓	✓		
Volunteering - Basic Course	60	✓	✓	✓	✓	PT RU
Strategy 2020	40	✓	✓	✓	✓	
Project/ Programme Planning (PPP)	240	✓	✓	✓		
Introduction to Monitoring and Evaluation – <b>NEW</b>	120	✓	✓	✓		
How can we keep our information safe?	45	✓	✓			
101: Corruption Prevention – <b>NEW</b>	150	✓				
102: Corruption Prevention for Managers – an Introduction – <b>NEW</b>	135	✓				

### 2. Volunteering

Volunteering Red Cross and Red Crescent Induction Course	60	✓	✓	✓	✓	PT
Volunteering - Basic Course	60	✓	✓	✓	✓	PT RU
Stay Safe - Volunteer Security	140	✓	✓	✓	✓	
Volunteering – Branch Leadership Development	90	✓	✓	✓	✓	

### 3. National Society Development

Introduction to National Society Development	60	✓	✓	✓		
Introduction to Governance for Red Cross and Red Crescent Leadership	100	✓		✓		
Introduction to Governance and Management	40	✓				
National Societies Statute Revision	35	✓				
Red Cross Red Crescent Movement Partnerships	90	✓				
Understanding Statutory Contributions – Module 1: The Big Picture	15	✓	✓	✓	✓	
Understanding Statutory Contributions – Module 2: Learn how to complete the Certified Declaration of Income (CDI)	15	✓	✓	✓	✓	
Income Generating Activities – <b>NEW</b>	60	✓				





#### 4. Disaster Management

IDRL - Introduction to International Disaster Response Laws, Rules and Principles	30	✓	✓	✓	✓	RU
Principles and Rules for RCRC Humanitarian Assistance	60	✓				
103: Preventing Corruption in Humanitarian Aid – NEW	210	✓	✓	✓	✓	
Sphere Handbook in Action	390	✓	✓	✓	✓	
Contingency Planning – NEW	60	✓	✓	✓		
Emergency Needs Assessment – NEW	60	✓	✓	✓	✓	
The ABC of VCA (Vulnerability and Capacity Assessment) – (Video)	5	✓				
Disaster Resilience Journal ( <i>external, web-based</i> )	30	✓	✓	✓		IT DE NL HR BG RO DK FI
Introduction to Cash Transfer Programming	120	✓	✓	✓		
Urban Cash Transfer Programming and Livelihoods (by CaLP) – NEW	60	✓				
Market Assessments: Introduction – NEW	60	✓	✓	✓	✓	
Market Assessments: Rapid Assessment for Markets (RAM) – NEW	60	✓	✓	✓	✓	
Basics of Livelihoods – NEW	60	✓	✓	✓	✓	
More than Just a Roof - An Introduction to Shelter Programming – NEW	90	✓				
The IFRC's educational guide on principles related to migration ( <i>material</i> )	30	✓	✓	✓	✓	
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 1: in Emergencies – NEW	90	✓	✓	✓		
Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 2: Working with Children – NEW	60	✓	✓	✓		
Climate Change – An Introduction for Staff and Volunteers	30	✓	✓	✓	✓	RU
Building a Better Response (BBR) ( <i>external, web-based</i> )		✓				

#### 5. Health

Community-Based Health and First Aid (CBHFA) e-Module 1: Introduction	20	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 2: Volunteer Action	80	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 3: Facilitation	60	✓	✓	✓		
Community-Based Health and First Aid (CBHFA) e-Module 4: Implementation	60	✓	✓	✓		
Public Health – Module 1: Introduction	30	✓		✓		
Public Health – Module 2: Epidemiology	30	✓		✓		
Public Health – Module 3: Prioritizing Health Responses	30	✓		✓		
Public Health – Module 4: Household Water Treatment and Safe Storage	30	✓		✓		
Public Health – Module 5: Rapid Health Assessment	30	✓		✓		
Public Health: Mental Health and Psychosocial Support – NEW	60	✓				
Public Health: Nuclear Emergency Preparedness – NEW	60	✓	✓			
Ebola Awareness	10	✓	✓	✓	✓	ZH DE JP PT Hausa
Influenza pandemic preparedness	45	✓				RU

		EN	FR	ES	AR	
H2P - Humanitarian Pandemic Preparedness Programme	40	✓	✓	✓		
Healthy Lifestyle Community ( <i>external, web-based</i> )		✓				
Health Care in Danger ( <i>external</i> )	60	✓				
Health Care in Danger: the Legal Framework ( <i>external</i> ) – NEW	25	✓	✓			
LIFESAVER: Interactive CPR ( <i>external, web-based</i> ) – NEW	120	✓				

## Training Packs, Set 2: Personal Development

### 1. Knowing Myself

Assertiveness: know your profile	30	✓	✓	✓		IT PT PT-Br
Assertiveness: toolkit	30	✓	✓	✓	✓	DE IT PT PT-Br
Valuing your experience	30	✓	✓	✓		
Successfully adapt your message	30	✓	✓	✓		ZH DE HU IT PT PT-Br NL
The 3 pillars of interpersonal excellence	30	✓	✓	✓		ZH CS DE HU IT PT
Self-esteem: how it works	30	✓	✓	✓		IT PT
The four keys to developing self-esteem	30	✓	✓	✓		IT
Maintaining your self-esteem	30	✓	✓	✓		IT
Balancing the dual roles of people manager and technical expert	30	✓	✓		✓	ZH RU
Improving your memory	30	✓	✓		✓	
The five secrets of creative minds	30	✓	✓	✓		ZH IT

### 2. Communication skills

Non-verbal communication and Synergology®	30	✓	✓	✓		ZH PT NL
How to write an effective e-mail	30	✓	✓	✓		IT PT
Writing for the web	30	✓	✓	✓		PT
Sharing information with blogs and wikis	30	✓	✓	✓		
Preparing and structuring an oral presentation	30	✓	✓	✓		ZH IT PT RU
The manager/ communicator	30	✓	✓	✓		ZH DE HU IT PT RU NL
Evade trick questions at meetings	30	✓	✓	✓		ZH PT NL

### 3. Situation Awareness & Diversity

Influencing Behaviour ( <i>external, web-based</i> )	120	✓	✓	✓	✓	RU
Emotional intelligence fundamentals	30	✓	✓	✓		IT PT
Improving communication by adapting to others	40	✓	✓	✓		IT
3 essential levers for building a winning co-operation	30	✓	✓	✓		ZH CS DE HU IT PT
Improving performance through time perception	30	✓	✓	✓		DE PT



#### 4. Health and Well-being

Staying healthy	30	✓	✓			
Understand how you deal with stress	25	✓	✓	✓		DE IT PT RU
Handling stress	30	✓	✓	✓	✓	IT PT PT-Br RU

#### 5. Time and Information Management



Focusing on your priorities	30	✓	✓	✓		ZH DE IT PT RU
Focusing on your key priorities	30	✓	✓	✓		DE PT NL
Dealing with time-consuming tasks	30	✓	✓	✓		DE PT
Managing your time strategically	30	✓	✓	✓		DE PT NL
Increasing your productivity in a fast-paced world	30	✓	✓	✓		DE PT
Speed reading	30	✓	✓		✓	DE IT PT

#### 6. Team Management

Making a success of your first management	30	✓	✓	✓		ZH DE IT PT RU NL
The management styles	30	✓	✓	✓	✓	ZH CS DE HU IT PT RU NL
Guiding team and individual actions	30	✓	✓	✓		ZH DE HU IT PT RU NL
Fostering and maintaining motivation	30	✓	✓	✓	✓	ZH CS DE HU IT PT RU NL
The situational skills of the manager	30	✓	✓	✓	✓	ZH CS DE HU IT PT RU
The relational skills of the manager	30	✓	✓	✓	✓	ZH CS DE HU IT PT RU
The emotional skills of the manager	30	✓	✓	✓	✓	ZH CS DE HU IT PT RU
Becoming a manager/ coach	30	✓	✓	✓		ZH DE HU IT PT RU NL
Building win-win relationships with your team	30	✓	✓	✓		ZH DE HU IT PT RU NL
Handling emotions within your team	30	✓	✓	✓		ZH DE HU IT PT RU NL
Managing action plans in teams	30	✓	✓	✓		ZH HU
Preparing the annual performance review	30	✓	✓	✓		HU PT
Dealing with annual reviews' difficult situations	30	✓	✓	✓		HU PT

#### 7. Leadership & Decision Making

Leadership Best Practice	30	✓	✓	✓		IT PT
Establishing leadership in the best way	30	✓	✓	✓		IT PT
Personal impact and charisma in leaders	30	✓	✓	✓		IT PT
5 levers for producing great leaders	30	✓	✓	✓		IT PT
Effective decision making	30	✓	✓	✓		ZH DE HU IT PT RU NL

		EN	FR	ES	AR	
Positioning the cross-functional manager	30	✓	✓	✓		IT
Ensuring cross-functional coordination	30	✓	✓	✓		
Leadership of the Cross-functional manager	30	✓	✓	✓		IT
Effective cross-functional manager communication	30	✓	✓	✓		IT
Lobbying strategy of the cross-functional manager	30	✓	✓	✓		IT
Creating a vision of the future	35	✓	✓	✓		ZH CS DE HU IT PT
Innovation - a goal for all!	40	✓	✓	✓		IT PT ID (Bahasa)
Triggering the dynamics for change	30	✓	✓	✓		ZH CS DE HU IT PT PT-Br
Managing change: identifying your profile	45	✓	✓	✓		ZH CS DE HU IT PL PT
Managing change: process and tools	45	✓	✓	✓		ZH CS DE HU IT PT
Managing change: strategic alliances	30	✓	✓	✓		ZH DE HU IT PT
Securing managerial support for leadership	30	✓	✓	✓		IT PT

## Training Packs, Set 3: Professional Development

### 1. Education and Training



Adult learning mechanisms	30	✓	✓	✓		DE HU IT PT
Designing a training programme	30	✓	✓	✓		ZH
Facilitating a training course	30	✓	✓	✓		DE HU IT PT
Handling tricky training situations	30	✓	✓	✓		DE HU IT PT
Evaluating what has been learned during training	30	✓	✓	✓		DE HU IT PT

### 2. HR

Preventing harassment in the workplace	30	✓	✓	✓		
Reacting to a complaint of harassment	30	✓	✓	✓		
Using a job profile in the recruitment process	30	✓	✓	✓		IT
Confirming applicant's suitability for the position	30	✓	✓	✓		IT

### 3. Logistics/ Purchasing

Customer relationship: building trust	30	✓	✓	✓		ZH DE HU IT PT RU
Developing loyalty through customer relationships	30	✓	✓	✓		ZH DE HU IT PT RU
Developing internal cooperation for customers	30	✓	✓	✓		DE IT PT RU
The marketing process	30	✓	✓	✓		IT PT
The marketing plan	30	✓	✓	✓		IT PT
Purchasing project: supplier market analysis	30	✓	✓	✓	✓	ZH DE HU IT RU
Purchasing project: cost analysis	30	✓	✓	✓	✓	ZH DE HU IT RU

		EN	FR	ES	AR	
Purchasing strategies	30	✓	✓	✓	✓	ZH DE HU IT RU
Conflict in purchasing	30	✓	✓	✓		ZH HU IT RU
Problem-solving: tools and methods	30	✓	✓	✓		DE IT PT
Managing sales activity through uncertainty and change	30	✓	✓	✓		CZ DE HU IT PT

#### 4. PMER (planning, monitoring, evaluation, reporting)

Project planning	30	✓	✓	✓		ZH DE HU IT PT RU NL
Project management essentials	30	✓	✓	✓		ZH DE HU IT PT RU NL
The SWOT analysis – <b>NEW</b>	30	✓	✓	✓		IT PT
Anticipating project risks – <b>NEW</b>	30	✓	✓	✓		ZH DE HU IT PT RU NL
Accountability: "Blame and responsibility" - an opportunity to restore trust? (Video)	90	✓				

#### 5. Certified Professional Development Courses (- from partner institutions – fees from 1000 to 3000 CHF)

Updated information on the certified professional courses:

<http://ifrc.org/en/get-involved/learning-education-training/certified-professional-development-courses/>

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### Training Packs 4: Courses from Partner Institutions

#### World Health Organization (WHO)

Immunization Staff Orientation. M1: Global Immunization Overview	30	✓				
Immunization Staff Orientation. M2: WHO Policy Recommendations	30	✓				
Immunization Staff Orientation. M3: Immunization Programme Planning	30	✓				
Immunization Staff Orientation. M4: Immunization Supply Chain	30	✓				
Immunization Staff Orientation. M5: Data Monitoring - Introduction	30	✓				
Immunization Staff Orientation. M6: New Vaccines - Introduction	30	✓				

#### UNICEF

Introduction to Child Protection	30	✓				
Introduction to Psychosocial Support	45	✓				
Introduction to Nutrition	30	✓				
Gender Equality, UN Coherence and You	120	✓				
Research and Evidence at UNICEF	30	✓				
Evaluation in Humanitarian Settings	90	✓				
Preparing a Written Application	30	✓				

		EN	FR	ES	AR	
Competency Based Interviewing for Interviewees	30	✓				

### **Food and Agriculture Organization of the United Nations (FAO)**

Communicating for Food Security	480	✓	✓	✓		
Nutritional Status Assessment and Analysis	120	✓	✓	✓		
Climate Change and Food Security	210	✓	✓	✓		
Resilience in Food Security Analysis	150	✓		✓		
Vulnerability Assessment and Analysis	120	✓	✓	✓		
Agreeing on Causes of Malnutrition for Joint Action	90	✓	✓			
Nutrition, Food Security and Livelihoods: Basic Concepts	35	✓	✓	✓		
Developing a Monitoring and Evaluation (M&E) Plan for Food Security and Agriculture Programmes	210	✓				
Gender in Food and Nutrition Security	840	✓				

### **CaLP (Cash Learning Partnership)**

Urban Cash Transfer Programming and Livelihoods	60	✓				
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### **SEEP Network**

MERS - Understanding and applying the Minimum Economic Recovery Standards	120	✓				
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### **Inter-Agency Standing Committee (IASC)**

Gender equality in programme planning - "Different needs, equal opportunities"	240	✓	✓			
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## 5: National Training Packs

Resources produced by National Societies, available on the Learning platform ([www.ifrc.org/learning-platform](http://www.ifrc.org/learning-platform)) for their volunteers and staff.

		<b>Language</b>
<b>Australian Red Cross</b>	15 courses and 3 curricula	English
<b>Argentinian Red Cross</b>	2 courses and 1 curriculum	Spanish
<b>British Red Cross</b>	23 courses	English
<b>Red Cross Society of China</b>	1 course	Mandarin
<b>Danish Red Cross</b>	1 course	Danish
<b>Ecuadorian Red Cross</b>	1 course	Spanish
<b>Red Crescent Society of the Islamic Republic of Iran</b>	3 materials	Persian
<b>Magen David Adom in Israel (IMDA)</b>	1 handbook	English
<b>Norwegian Red Cross</b>	3 courses	Norwegian
<b>Peruvian Red Cross</b>	3 handbooks	Spanish
<b>Qatar Red Crescent</b>	1 curriculum	Arabic
<b>Swedish Red Cross</b>	9 courses	Swedish

If you are interested to support  
and to collaborate with us  
for the development of these  
resources, please contact IFRC,

[support.learning@ifrc.org](mailto:support.learning@ifrc.org)  
[www.ifrc.org/learning](http://www.ifrc.org/learning)